Recipe for a Magical Year

Do little things all year to make a difference in the universe.

Observe migrating monarch butterflies. Look up which months they travel through your home state.

Lend a book to a friend.

Turn six roly-poly bugs upright, or eight June beetles.

Plant a tree.

If you live near a shore, look for sea glass. (If you don't live near the sea, look for fossils instead; they are everywhere.)

Write a poem.

Read three books aloud to your dog or a doll or a stuffed animal or a younger brother or sister.

Roll and jump in a pile of leaves.

Write a letter to your aunt or your grandmother or your cousin.

Visit an apple orchard to look for unicorns; if you don't see unicorns, don't worry, they are elusive; however their magic remains in any apple orchard they have visited; take a blade of grass or a leaf back from the orchard and place it in your favorite book. The unicorn magic will permeate the book and will be with you always. (If you don't have easy access to an apple orchard, try a pumpkin patch and look for signs of trolls such as stacks of things and troll footprints.)

Read a book of poetry.

Fly a kite with your parents or your friends during the month of May.

Bring a teacher an apple, or better yet – an apple turnover.

If you do eight of these things, you will have a magical year. If you do all of these things in one year, you will have a supernatural magical year.